

# KESWICK SUTHERLAND LOWER SCHOOL AT A GLANCE



**Lower School at Keswick Sutherland** understands that early learning experiences have a profound effect on a student's development. Keswick Sutherland teachers work together and provide constructive and consistent learning experiences to build students' confidence. Teachers make learning enjoyable and provide a strong foundation for the student's future intellectual, physical, and social development. Each classroom has a certified elementary teacher with two ECE teaching assistants to ensure that each student has the attention and help he or she deserves. Keswick Sutherland has structured the *Lower School* to help students move through the curriculum, providing new challenges that build on what students learned in the previous year's programme. The *Lower School* programme gives parents and students the choice of Junior Kindergarten to Grade 4 curriculum, or our Montessori, Casa to Grade 4 curriculum.

## The Primary Curriculum – JK to Grade 4

To give our students the best possible start, it is essential to provide a variety of learning opportunities and experiences. The *Primary Curriculum* - Junior Kindergarten to Grade 4, is structured so that students surpass the Ministry of Ontario Curriculum guidelines. The curriculum focuses on Language, Geography, History, Mathematics, Physical Education, Science and Technology, Personal and Social Development, Environmental, Ecological Studies, and the Arts. Students receive instruction by specialist teachers in Music, Art, Spanish, and French. Subjects are enriched with a special experiential learning component, taking theoretical concepts and applying them to everyday learning situations. Keswick Sutherland School believes that students grasp ideas more easily and effectively, and peak their interest in school, when they are given opportunities to integrate the curriculum with experiential learning. It is the ability for students to connect their learning to their own lives and the world outside the classroom that helps them to see how knowledge and skills in one area are relevant for everyday use. To ensure Keswick Sutherland's T.E.E. (Total Educational Experience), each student is enriched with outdoor experiential learning and environmental sciences. This well balanced curriculum affords students success and both personal and academic fulfillment.

## Balanced School Day Timetable

Keswick Sutherland School will follow what is being coined by the Ministry of Education as the "Balanced School Day." In essence, instead of traditional morning and afternoon recesses and noon-hour lunch, Keswick Sutherland School will incorporate two longer and afternoon breaks to divide the day. Educational research indicates that academic improvement is enhanced when nutrition and exercise breaks are equally spaced with teaching and learning blocks of time. The following table illustrates the School Timetable:

B	Pd.1	Pd.2	N/B	Pd.3	L&D	Pd.4	N/B	Pd.5	Pd.6	ES	Extended Hours			
7:00	8:50	9:40	10:30	11:00	11:50	12:30	1:20	1:50	2:30	3:20	3:30	3:30	3:30	3:30
8:40	9:40	10:30	11:00	11:50	12:30	1:20	1:50	2:30	3:20		4:30	5:00	6:00	7:00

B=Breakfast N/B=Nutrition Snack/Outdoor Break L&D=Lunch & Half Day Dismissal ES=End of School Day

For additional information, and for a fee structure, please contact Ms. Irene Costa B.Ed. at [i.costa@keswicksutherland.com](mailto:i.costa@keswicksutherland.com).